

## Wellbeing Referral Process

For urgent or high-risk referrals (eg. risk of harm to self or others, police involvement etc), please contact the Assistant Principal Student Wellbeing ([paul.mildren841@schools.sa.edu.au](mailto:paul.mildren841@schools.sa.edu.au)) and/or Deputy Principal ([caterina.davis965@schools.sa.edu.au](mailto:caterina.davis965@schools.sa.edu.au)) or go to Student Services.

To meet with the Wellbeing Team (Student Wellbeing Leader, Pastoral Care Worker or Social Worker), please take one of the following actions:

### Students

1. Speak to your Mentor Teacher or Sub School Leader, or
2. Go to Student Services and ask to see a Student Wellbeing Leader, or
3. Email the Wellbeing Team at [dl.0927.cwellbeingteam@schools.sa.edu.au](mailto:dl.0927.cwellbeingteam@schools.sa.edu.au)

### Staff

1. Discuss student concerns with the relevant Sub School Leader
2. Email the Wellbeing Team at [dl.0927.cwellbeingteam@schools.sa.edu.au](mailto:dl.0927.cwellbeingteam@schools.sa.edu.au) Can you please provide the following:
  - Name and Mentor Group
  - Brief outline of concern
  - Previous action taken (communication home, Sub School Leader involvement, etc)

### Parents and families

1. Discuss student concerns with the Mentor Teacher or relevant Sub School Leader who can support you in placing a referral.
2. Email the Wellbeing Team at [dl.0927.cwellbeingteam@schools.sa.edu.au](mailto:dl.0927.cwellbeingteam@schools.sa.edu.au)

You will receive a response from The Wellbeing Team within 24 hours.

In the meantime, you may like to utilise one of the below resources:

- [Kids Helpline](tel:1800551800): 1800 55 1800 - email and webchat service available
- [Lifeline](tel:131114): 13 11 14
- [Youth Beyond Blue](http://YouthBeyondBlue.com)
- [ReachOut.com](http://ReachOut.com)
- [SchoolTV](http://SchoolTV)